

Representative Program Briefing

Sunday 17th March 2024





Purpose of the meeting

- Outline general principles of the representative program (not specific teams).
- Give families including players and parents, an idea on how the program “works”.
- Outline changes to this year’s program for those who have been in the program previously.





Program Information

- Information regarding the WPACT Representative Program is generally held on the WPACT website or circulated via email.
- The Representative Program has its own FRAMEWORK which we follow and provides information to all involved (players, parents, coaches). Find this document on our website [HERE](#).
- There is also a representative program page on our website which holds/doubles up on a lot of the program specific information.
- More on communication later.





Representative Calendar

Key Events – Term 2

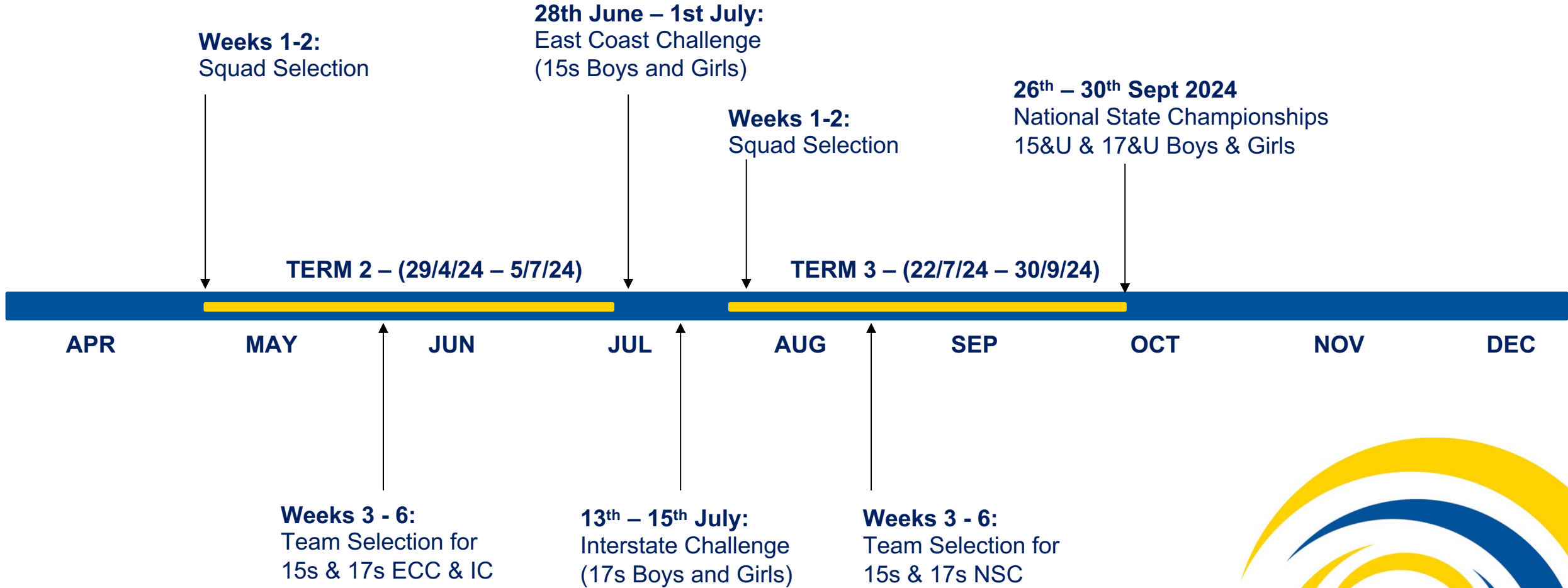
- East Coast Challenge
 - 15&U Boys and Girls – Born 2009, 2010 & 2011
 - 2 teams per division (where possible)
 - 28th June 2024 – 1st July 2024 (Friday of week 9 through until Monday week 10)
 - Melbourne, VIC
- Interstate Challenge
 - 17&U Boys and Girls – Born 2007 and 2008
 - 1-2 teams per division (where possible)
 - 13th July 2024 – 15th July 2024
 - Canberra, ACT

Key Events – Term 3

- National State Championships
 - 15&U and 17&U Boys and Girls
 - 1 team per division
 - 26th – 30th September 2024 (travel dates to be added)
 - Gold Coast, QLD



Representative Calendar





June/July Tournament Selection

Squad Selection

- Squads will be selected at the start of term 2 to allow WPACT and families to plan logistics for the June/July tours.
- Squad sizes include:
 - 15s Boys and Girls = 26 players + 4 reserves
 - 17s Boys and Girls = 13 players + 4 reserves
 - If there is interest shown from 24+ athletes, this may be increased to accommodate 2 teams.
- Rep squads will train together as cohorts (everyone together) until teams are selected.
- 3 weeks out from the tournament, final teams are selected and will train together in preparation for the tournament.
- Players who do not meet training requirements will be removed from the squad with reserves taking their spot.
 - Age group coordinators and coaches will be required to maintain accurate records of attendance through the Heja app.





National State Championships Selection

Squad Selection

- Squads will be selected at the start of term 3
- Squad sizes include:
 - 15s Boys and Girls = 16 - 18 players
 - 17s Boys and Girls = 16 - 18 players
- Players not meeting training requirements will be removed from the squad, with reserves taking their spots.
 - Age group coordinators and coaches will be required to maintain accurate attendance records through the Heja app.
- The final teams are selected a minimum of four weeks before the tournament.
- To be eligible for selection, players must meet the minimum requirements set by the WPA.
 - WPACT will select draft players from larger states if we do not have 13 players meeting the required standards.





Selection

Team Selection

- This will be the final team for the event.
- In the case of multiple teams, they will be known as:
 - Blue (Representative Team)
 - Gold (Development Team)
 - White (Development Team)
- The WPACT Selection Policy is available on the WPACT website under Info Hub -> Policies and Procedures





Training Requirements

Representative Program Training

- All squads will have 2 Water Polo specific training sessions per week.
- Representative program training holds priority over club training during the winter season.
- The cost of the training program is \$250 per term which includes; training costs, coaching costs, age group coordinator costs, admin costs and equipment.
- Athletes must attend 75% of all sessions to be eligible for team selection.





Training Requirements

Other Training Requirements

- Coaches may set other required training including but not limited to:
 - Swim training
 - Club training
- Teams may also choose to enter the Sydney Metro Competition to help prepare for events. These will be organised internally within the squads, not by WPACT and may involve additional costs.
 - Coaches may choose NOT to enter the Metro Comp as they believe other opportunities may be more beneficial based on the squad.



Age Group Coordinators

- This is a new role designed to improve communications, make tasks more efficient and remove duplication.
- Each age group (ie 15&U Girls, 15&U Boys) will have an age group coordinator who will be the conjugate between WPACT and the rep squads. The coordinators will also work together to delegate tasks.
- Age group coordinators will also act as a manager on tour.
- Age group coordinators will be paid a small stipend of \$250 per term.
- Applications are now open for age group coordinators via the link [HERE](#).
- Appointments will be made by the end of March 2024.





Coaches

- Head coaches and where possible, assistant coaches will be appointed to each age group squad.
- Head coaches and assistant coaches are expected to be included in the development squad coaching pool to ensure there is flow through on information and mentoring of developing coaches.
- Head coaches will be paid a small stipend of \$500 per term for rep program as well as additional payments for any development squad sessions.
- Applications are now open to coaches via the link [HERE](#).
- Coaching appointments will be made by the end of March 2024.





Communication

- The main communication channel will be through the Heja app.
 - Join the WPACT Rep Program group by entering the code – **TQ826262**
- Generic information will also be distributed through the Counter Attack Newsletter and the WPACT Facebook and Instagram pages.
- WPACT will distribute important information through email.
- Once athletes are selected into squads, your first point of contact is your age group coordinator.





Travel and Accommodation

- WPACT will book accommodation for all athletes, they must stay with the team.
- Athletes can OPT-OUT of team travel if they wish to organise their own travel to/from the event.
 - If athletes opt-out, they are responsible for getting their way to and from the airport (team management do not have this responsibility).
- No special requests or parent bookings are permitted.





Uniform

- WPACT Uniform is ordered through the DELFINA Team Shop.
- **Term 2 ordering period: 6th – 10th May 2024.**
- Uniform is delivered to athletes at training with the help of team management.
- The compulsory items of uniform have not changed since 2021.
- This will be the FINAL YEAR of our current uniform, there will be changes for 2025.

