



## Latest Update

A shout-out to WPACT Alumni Matt Wilson, who has been actively participating in local programs during his break from the European Water Polo season. Don't miss the opportunity to join his Centre Forward Enhancement Program and make the most of his time in Canberra.

The Junior and Senior winter Competitions are just around the corner, so gather your team together after the long break and get ready to compete!

Our Representative teams are already hard at work, preparing for various national level tournaments. Best of luck to all athletes striving to make it into ACT representative teams.

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## Upcoming WPACT Events

- **Junior Winter Comp - Round 3**
  - 12s-16s - 12th August 2023, AIS
  - Youth League - 13th August, TBC
- **Referee Workshop**
  - 12th August 2023, AIS
- **Senior Winter Comp - Round 1**
  - 20th August 2023, AIS
- **Junior Winter Comp - Round 4**
  - 12s-16s - 2nd Sept 2023, AIS
  - Youth League - 3rd Sept 2023, AIS
- **Referee Workshop**
  - 2nd September 2023, AIS
- **Senior Winter Comp - Round 2**
  - 10th September 2023, AIS

## Upcoming WPNSW Events

- **NSW State Festival**
  - 2-6 October 2023, Sydney

## Upcoming WPA Events

- **National State Championships**
  - 15/17 Girls - 24-29 Sept, Canberra
  - 15/17 Boys - 24-29 Sept, Sydney
  - 19 Girls - 8-13 Dec, Melbourne
  - 19 Boys - 8-13 Dec, Perth



A photograph of a male water polo player in a blue and yellow cap, splashing water in a pool. The image is partially obscured by a blue overlay on the right side.

# Center Forward Enhancement Program

Under the expert guidance of Matt Wilson, an established center forward, distinguished member of the Aussie Sharks Men's Squad and a seasoned professional who has played in the prestigious Spanish 1st Division. He will provide top-notch training to help unleash your full potential as a center forward.

**JOIN**  
**TODAY**

Don't miss this incredible opportunity to become an improved center forward. Secure your spot now! Visit our [website](#) to register and make some waves in the water polo world with our Center Forward Enhancement Program.

Get 25% off by using the discount code: **BACKHAND**

Contact Matt:  
[matt.wilson@actwaterpolo.com](mailto:matt.wilson@actwaterpolo.com)

# AGM NOTICE

All current WPACT members are invited to attend the next Annual General Meeting for Water Polo ACT Incorporated. The details of the meeting and registration requirements are as follows.

Date: Sunday, 20 August 2023

Time: 4.00pm

Location: Ainslie Football Club

Register to attend via our website [HERE](#)

The purpose of the meeting will be to:

- Confirm the Minutes of the AGM from 2021-22;
- Table the WPACT Board reports for 2022-23, including the financial reports and the auditors report;
- Elect the (four) Elected Directors;
- Appoint the Auditor for the financial year ended 30 June 2024;
- Consider any recommendations for appointment as a Life Member;
- Appoint the Patron of WPACT;
- Consider any motions of which due notice has been given.

Nominations are hereby called for elected and appointed Directors of WPACT. A copy of the director nomination form can be found [HERE](#) with a director position description available [HERE](#).

All questions, including the submission of any proposed motion as special business, can be directed to the Chief Executive Officer, Ryan McDermott, at [ryan.mcdermott@actwaterpolo.com](mailto:ryan.mcdermott@actwaterpolo.com)

Director nomination forms must be received by the Executive Officer not less than ten (10) days before the Annual General Meeting at [ryan.mcdermott@actwaterpolo.com](mailto:ryan.mcdermott@actwaterpolo.com)

For further information about the rules governing the Annual General Meeting, please review the Constitution available [HERE](#).

# EVENT CALENDAR

In order to accommodate our expanding membership base and foster inclusivity at events, there have been several adjustments made to the attendees of certain events throughout the year. Most of these modifications have taken place within the past 2-3 years, coinciding with a remarkable 170% surge in membership since 2018/2019. Our aim is to provide clarity regarding the events that WPACT will be sending teams to, as well as the events where clubs will be encouraged to participate with their teams.

## **12&U, 13&U & 14&U**

WPACT will not send ACT teams to any 12&U, 13&U or 14&U events. This will be up to clubs to attend. WPACT believes it is too young to be selecting/de-selecting athletes at this age group and encourage attendance at local events that are low cost but high value.

## **15&U & 16&U**

WPACT will send ACT teams to competitions over the winter period with clubs encouraged to send teams to events over the summer period. For the most part this means ACT teams attend state level events and clubs attend club level events - for the most part!

## **17&U, 18&U & 19&U Events**

WPACT will send teams to all National 17&U and 18&U events, This includes AYC, NSC and Interstate Challenge events. Clubs are encouraged to attend NSW events as clubs such as the NSW State Club/Country Championships.

## **22&U and Open Events**

WPACT will attempt to send teams to events if clubs are not attending the event. National level events will be attended by ACT Teams. We encourage athletes to participate in our pathway but understand that this isn't always possible.

## **Important to Remember**

WPACT will continue to work with clubs as new events come to light and our membership continues to grow. WPACT works closely with our clubs around all decisions that involve participation at events.

[WPNSW  
EVENTS](#)

[NATIONAL  
CALENDAR](#)

[WPA  
EVENTS](#)



# REFEREES WORKSHOP



WPACT will be hosting a referees workshop for ALL our Junior Competition referees before round 3 of the winter competition.

The course will cover:

- Exclusion Fouls
- Penalty Fouls
- Tricky situations

The workshop is for existing and new referees wishing to pick up the whistle. Coaches and players are welcome to attend the session as well.

If you wish to attend, please follow the link below to register for the course.

[\*\*MORE INFO\*\*](#)



# WPACT TRAILER HIRE

Attention WPACT members, we are pleased to announce that the WPACT trailer is now at your disposal for hire.

Our trailer hire service aims to support the maintenance and upkeep of the trailer while easing the financial strain on membership fees.

Conveniently situated at the AIS, you can easily book the trailer through the Water Polo ACT website. It provides an excellent solution for completing miscellaneous tasks around your home or facilitating a smooth transition into a new house.

**BOOK HERE**

**Hire Costs**  
\$50 per day  
Day = 6am-8pm

We extend our sincere gratitude to CWPA and Pat's Plumbing for their generous donations, which greatly contributed to the acquisition of the trailer.







# Social Polo

## Term 3, 2023

Starting  
Sunday 23rd  
July



### WHAT'S GREAT ABOUT SOCIAL POLO?

- Fun, social atmosphere
- CHEAP \$\$ - \$75 for 8 weeks
- Minimal commitment - turn up when you can :)
- Individual or team options - get a team together or join an existing team of awesome people

For more information and to register click

[HERE](#)