

### Water PoloTHE COUNTER ATTACK



Fortnightly newsletter for Water Polo ACT Members



### **Latest Update**

We extend our congratulations to all our ACT teams who embarked on an amazing trip to Melbourne for the East Coast Challenge. It is fantastic that we had 52 talented athletes, 8 dedicated officials, and 3 skilled referees representing our state.

Looking ahead, our next event is the 17&U Interstate Challenge, scheduled to take place here in Canberra. This event will be followed by the National State Championships and NSW State Festival, which will be held during the September/October school holidays, marking the conclusion of the representative season.

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### **Upcoming WPACT Events**

- Junior Winter Comp Round 3
  - 12s-16s 12th August 2023, AIS
  - Youth League 13th August, TBC
- **Referee Workshop** 
  - o 12th August 2023, AIS
- Senior Winter Comp Round 1
  - o 20th August 2023, AIS
- Junior Winter Comp Round 4
  - o 12s-16s 2nd Sept 2023, AIS
  - Youth League 3rd Sept 2023, AIS
- **Referee Workshop** 
  - o 2nd September 2023, AIS
- **Senior Winter Comp Round 2** 
  - o 10th September 2023, AIS

#### **Upcoming WPNSW Events**

- NSW State Festival
  2-6 October 2023, Sydney

#### **Upcoming WPA Events**

- **National State Championships** 
  - 15/17 Girls 24-29 Sept, Canberra
  - 15/17 Boys 24-29 Sept, Sydney
  - 19 Girls 8-13 Dec, Melbourne
  - o 19 Boys 8-13 Dec, Perth

# REPRESENTATIVE PROGRAM



Term 3 is just around the corner which means a new cycle for our 15&U representative program.

Keen to develop your skills, play and train with new athletes and build up your experience under excellent coaches?

Get involved in the ACT Representative Program!

Click on the links below for more information and to register for term 3 program!

**BOYS INFO** 

**GIRLS INFO** 













# **ECC TOUR WRAP-UP**



A huge well done to all athletes, coaches, managers, referees and table officials who contributed towards the successful East Coast Challenge tour to Melbourne. We witnessed some great individual performances and exceptional team development over 3 big days of competition!



ACT Girls Blue 5th Place



ACT Boys Gold 8th Place



ACT Boys Blue 3rd Place



ACT Girls Gold 8th Place











# **EVENT CALENDAR**



In order to accommodate our expanding membership base and foster inclusivity at events, there have been several adjustments made to the attendees of certain events throughout the year. Most of these modifications have taken place within the past 2-3 years, coinciding with a remarkable 170% surge in membership since 2018/2019. Our aim is to provide clarity regarding the events that WPACT will be sending teams to, as well as the events where clubs will be encouraged to participate with their teams.

#### 12&U, 13&U & 14&U

WPACT will not send ACT teams to any 12&U, 13&U or 14&U events. This will be up to clubs to attend. WPACT believes it is too young to be selecting/de-selecting athletes at this age group and encourage attendance at local events that are low cost but high value.

#### 17&U. 18&U & 19&U Events

WPACT will send teams to all National 17&U and 18&U events, This includes AYC, NSC and Interstate Challenge events.
Clubs are encouraged to attend NSW events as clubs such as the NSW State Club/Country Championships.

#### 15&U & 16&U

WPACT will send ACT teams to competitions over the winter period with clubs encouraged to send teams to events over the summer period. For the most part this means ACT teams attend state level events and clubs attend club level events - for the most part!

#### 22&U and Open Events

WPACT will attempt to send teams to events if clubs are not attending the event. National level events will be attended by ACT Teams. We encourage athletes to participate in our pathway but understand that this isn't always possible.

#### **Important to Remember**

WPACT will continue to work with clubs as new events come to light and our membership continues to grow. WPACT works closely with our clubs around all decisions that involve participation at events.

WPNSW EVENTS NATIONAL CALENDAR

WPA EVENTS

### **HUTT TRAINING CAMP**



While many of our athletes were in Melbourne at the East Coast Challenge, several dedicated players had the opportunity to compete against international opponents from Hutt, New Zealand. Led by WPACT's own Matt Wilson, a member of the Aussie Sharks squad, the 15&U girls' group participated in 8 games over 4 days.

Throughout the four-day camp, the girls demonstrated significant improvement and are eager to apply their newfound skills and experience at the club and representative levels. We extend our gratitude to all the coaches, managers, referees, and table officials for their contributions in making this camp a reality. Additionally, we would like to express our sincere appreciation to Hutt for traveling to Canberra to play against us!













### REFEREES WORKSHOP





WPACT will be hosting a referees workshop for ALL our Junior Competition referees before round 3 of the winter competition.

The course will cover:

- **Exclusion Fouls**
- Penalty Fouls
- Tricky situations

The workshop is for existing and new referees wishing to pick up the whistle. Coaches and players are welcome to attend the session as well.

If you wish to attend, please follow the link below to register for the course.

**MORE INFO** 











### **WPACT TRAILER HIRE**

Water Polo
Ngunnawal Country

Attention WPACT members, we are pleased to announce that the WPACT trailer is now at your disposal for hire.

Our trailer hire service aims to support the maintenance and upkeep of the trailer while easing the financial strain on membership fees.

Conveniently situated at the AIS, you can easily book the trailer through the Water Polo ACT website. It provides an excellent solution for completing miscellaneous tasks around your home or facilitating a smooth transition into a new house.

### **BOOK HERE**

Hire Costs \$50 per day Day = 6am-8pm

We extend our sincere gratitude to CWPA and Pat's Plumbing for their generous donations, which greatly contributed to the acquisition of the trailer.





Social Polo Term 3, 2023

Starting
Sunday 23rd
July

WHAT'S GREAT ABOUT SOCIAL POLO?

Fun, social atmosphere

- CHEAP \$\$ \$75 for 8 weeks
- Minimal commitment turn up when you can :)
  - Individual or team options get a
- team together or join an existing team of awesome people

For more information and to register click

**HERE**