



THE COUNTER ATTACK

Fortnightly newsletter for Water Polo ACT Members



Latest Update

Congratulations to all the participants of rounds 1 and 2 of the Junior Winter Comp! In exciting news the details of the Senior Winter Competition, taking place in August and September, are now available.

Winter is the representative season for us, and we are thrilled to announce the teams that will be participating in the upcoming East Coast Challenge in Melbourne, VIC. These teams have dedicated seven weeks to rigorous preparation, and it's fantastic to witness such a competitive selection process. We wish both teams the best of luck as they finalise their preparations in the upcoming weeks!

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Upcoming WPACT Events

- **Junior Winter Comp - Round 3**
 - 12s-16s - 12th August 2023, AIS
 - Youth League - 13th August, TBC
- **Referee Workshop**
 - 12th August 2023, AIS
- **Senior Winter Comp - Round 1**
 - 20th August 2023, AIS
- **Junior Winter Comp - Round 4**
 - 12s-16s - 2nd Sept 2023, AIS
 - Youth League - 3rd Sept 2023, AIS
- **Referee Workshop**
 - 2nd September 2023, AIS
- **Senior Winter Comp - Round 2**
 - 10th September 2023, AIS

Upcoming WPA Events

- **National State Championships**
 - 15/17 Girls - 24-29 Sept, Canberra
 - 15/17 Boys - 24-29 Sept, Sydney
 - 19 Girls - 8-13 Dec, Melbourne
 - 19 Boys - 8-13 Dec, Perth

Senior Winter Competition



Water Polo
Ngunnawal Country

Water Polo ACT will be running a SENIOR WINTER COMPETITION in 2023.

When:

Round 1: 20th August 2023

Round 2: 10th September 2023

Where:

Australian Institute of Sport
Aquatic Centre

Cost:

\$30 per player, per round
Does not include pool entry

MORE INFO

Get your team together and contact your club to enter!



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ACT Team Announcement



Water Polo
Ngunnawal Country

Congratulations to players who have been selected into ACT 15&U teams for the East Coast Challenge!

15&U GIRLS BLUE

**EMMA BRYANT (CGS)
OLIVIA CECCHINI (WAGGA)
ALISA COLLETT (NORDEK)
LUCY FISHER (DRAGONS)
ISABELLA FRASER (WODEN WAVES)
CHLOE LOTZ (NORDEK/WAGGA)
CHELSEA MCINERNEY (WODEN WAVES)
ANNABELLE PATTEN-RICHENS (CGS)
MACKAYLA PENFOLD (NORDEK)
SIENNA PHILLIPS (DRAGONS)
ANNA WIECKOWSKI (NORDEK)
ABIGAIL VAN BALLEGOOYEN (WODEN WAVES)
BEATRICE WILSON (WAGGA)**

15&U GIRLS GOLD

**KALARI BONEY (WODEN WAVES)
ILLARNA CASSELL (DRAGONS)
ADELAIDE DRIVER (NORDEK)
EVE FROUD (WODEN WAVES)
LILLIAN HOGAN (NORDEK)
LILY JORRITSMA (VIKINGS)
GEORGIA TIBBITS (DRAGONS)
MACY LEHMANN (NORDEK)
JESSICA MALES (NORDEK)
LUCY MUDGE (VIKINGS)
ZARA NICHOLSON (DRAGONS)
ELISABETH PALMER (NORDEK)
ELKE YEE (WODEN WAVES)
BELLA SHUMACK (WAGGA)**

ACT Team Announcement



Water Polo
Ngunawal Country

Congratulations to players who have been selected into ACT 15&U teams for the East Coast Challenge!

15&U BOYS BLUE

**CARTER O'SULLIVAN (CGS)
BEN HUTCHENS (VIKINGS)
BAYDEN WELLS (NORDEK)
LUCA TRIPODI (DRAGONS)
CAELAN RICHES (DRAGONS)
HARVEY CREIGHTON (WAGGA)
JOSHUA O'KEEFE (NORDEK)
AIDAN WILSON (WODEN WAVES)
ALEX HAWTHORNE (NORDEK)
DAMON CZECHOWICZ (CGS)
CAELIN KOPIEVSKY BLYTH (CGS)
LACHLAN GREEN (WODEN WAVES)
GUILLAUME JALLIER (NORDEK)**

15&U BOYS GOLD

**HENRY PEARCE (WODEN WAVES)
ANGUS BUSTIN (WODEN WAVES)
ELIJAH NIO (VIKINGS)
ALEXANDER TRUKHANOV (VIKINGS)
HUNTER HARRISON (NORDEK)
LACHLAN MCGREGOR (NORDEK)
LIAM OSBORNE (NORDEK)
JORDAN COLLINS (NORDEK)
HARLEY REID (DRAGONS)
GABRIEL HANLEN (DRAGONS)
ADAM PEDLER (CGS)
NIKO MANNHEIM (NORDEK)
OLIVER ROBBINS (WODEN WAVES)**

Referees Workshop



WPACT will be hosting a referees workshop for ALL our Junior Competition referees before round 3 of the winter competition.

The course will cover:

- Exclusion Fouls
- Penalty Fouls
- Tricky situations

The workshop is for existing and new referees wishing to pick up the whistle. Coaches and players are welcome to attend the session as well.

If you wish to attend, please follow the link below to register for the course.

[**MORE INFO**](#)

WPACT Trailer Hire

Attention WPACT members, we are pleased to announce that the WPACT Trailer is now at your disposal for hire.

Our Trailer Hire service aims to support the maintenance and upkeep of the trailer while easing the financial strain on membership fees.

Conveniently situated at the AIS, you can easily book the trailer through the Water Polo ACT website. It provides an excellent solution for completing miscellaneous tasks around your home or facilitating a smooth transition into a new house.

BOOK HERE

Hire Costs
\$50 per day
Day = 6am-8pm

We extend our sincere gratitude to CWPA and Pat's Plumbing for their generous donations, which greatly contributed to the acquisition of the trailer.





Social Polo

Term 2, 2023

Starting Sunday 30th April



WHAT'S GREAT ABOUT SOCIAL POLO?

- Fun, social atmosphere
- CHEAP \$\$ - \$75 for 8 weeks
- Minimal commitment - turn up when you can :)
- Individual or team options - get a team together or join an existing team of awesome people

For more information and to register click

[HERE](#)