

2023/24

**Season
plan**



Water Polo
Ngunnawal Country

CONTENTS

Page 3 - THINK.ACT.PLAY

PAGE 5 & 6 - JUNIOR COMPETITION

PAGE 7 - HOME/AWAY

PAGE 9 - PREMIER LEAGUE

PAGE 10 - SENIOR COMPETITION

PAGE 11 - SAVE THE DATE

PAGE 12 - SPONSORSHIP

OPPORTUNITIES

PAGE 13 - REMEMBER.....



THINK. ACT. PLAY.

There are three slogans that underpin the **THINK. ACT. PLAY.** program aimed at promoting positive behaviour and respect. Each slogan is relevant to everyone involved in the game.



**THINK
BEFORE YOU SPEAK**

What you say and do shapes the culture of our sport. Your words can influence the way you and other people are treated, and the way in which people feel about themselves. It can also impact the way the community perceives our sport. Remember – what you say matters.



**ACT
WITH RESPECT**

Showing respect and treating everyone fairly is just as important as the game. No matter who you are or where you come from, treating each other with respect and dignity ensures everyone can enjoy the game. Whether you're playing, coaching or cheering from the sidelines – respect the referee's decision. Remember – to earn respect you must give it.



**PLAY
IN THE SPIRIT
OF THE GAME**


The way you play, coach and support says a lot about your character. Playing in the spirit of the game is more than just the rules. Players that keep their cool under pressure, even when things are not going their way, have a better chance of winning the game. Coaches that encourage sportsmanship get the best from their players. Parents that set a good example help their children enjoy the game. Remember – take responsibility for your actions and play in the spirit of the game.

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Water Polo
AUSTRALIA

The logo is a shield-shaped emblem. It features a thick yellow border at the top and sides, and a thick blue border at the bottom. Inside the shield, the text "WATER POLO ACT" is at the top, "JUNIOR" is in the middle, and "COMPETITION" is at the bottom, all in a bold, dark blue, sans-serif font. Below the text, there are several overlapping, curved bands in blue and yellow, resembling a stylized sun or a water splash.

WATER POLO ACT
JUNIOR
COMPETITION

SUMMER
SEASON
2023/24

JUNIOR COMPETITION

The WPACT Junior Competition will be run a 1 main season with a 2 week pre-season from mid-October to mid-March.

Pre-Season

The pre-season season aims to provide athletes an opportunity to get back into the water and have fun. Rules will be relaxed to provide a social atmosphere. New players will gain experience playing in a setting where results don't matter while all players get the opportunity to work on getting their fitness back and improving their skills.

The pre-season will run for weeks 1 & 2 of term 4.

Summer Season

This year the Summer Season will run like a traditional summer season across the whole summer period. The season will culminate in the ACT Grand Finals which will be held on the 23rd March 2023.

All grades will be played on Saturday's with a mixture of centralised games at the AIS as well as home/away games.

12&U Competition

This year the 12&U division will continue in a weekly format with a scoring introduced for the first time.

Youth League

After a successful launch in the recent winter competition, the 19&U Youth League will continue into the summer season.

JUNIOR COMPETITION

Dates

Term 4

Pre-Season Start: 14 October 2023

Summer Season Start: 28 October 2023

Finish: 9 December 2023

Term 1

Start: 4 February 2024

Grand Final: 23 March 2024

General Byes

Junior Canberra Cup

11th November 2023

NSW Junior Country Clubs

10th February 2024

Canberra Day Long Weekend

9th March 2024

GAME LOCATIONS

Term 4 2023

Pre-season 1 - CISAC & GLC

Pre-season 2 - AIS

Round 1 - AIS

Round 2 - AIS

Bye - JNR CBR CUP

Round 3 - SLC/LLC

Round 4 - CISAC/GLC

Round 5 - AIS

Round 6 - SLC/LLC

Term 1 2024

Round 7 - Home Games

Bye - Country Clubs

Round 8 - Home Games

Round 9 - AIS

Round 10 - Home Games

Bye - Canberra Day Weekend


Semi-Finals - Home Pools

Grand Finals - AIS

LIVE SCORING

We are pleased to introduce live scoring to our competitions for 2023/24. This advancement will enable members to access results faster as well as eventually reducing our impact on the climate by reducing paper scorecards.

Training for live scoring will commence early into the summer season, so we encourage everyone to give it a go!

The logo is a shield-shaped emblem. The top border is a thick yellow arc. The bottom border is a thick blue arc. Inside the shield, the text "WATER POLO ACT" is at the top in dark blue. Below it, "SENIOR" and "COMPETITION" are stacked in a larger, bold dark blue font. At the bottom of the shield, there are three overlapping semi-circular arcs: the outermost is blue, the middle is yellow, and the innermost is dark blue.

WATER POLO ACT
SENIOR
COMPETITION

SUMMER
SEASON
2023/24

SENIOR COMPETITION

The WPACT Senior Competition will be played as one "traditional" season.

Dates

Term 4

Start: 17/18/19 October 2023

Finish: 12/13/14 December 2023

Term 1

Start: 30/31/1 January/February 2024

Grand Final: 23rd March 2024

Competition Days

Premier League - Tuesday nights @ AIS

Men's 2nd Grade - Wednesday nights @ AIS

Women's 2nd Grade - Thursday nights @ AIS

Weekend Games

Clubs will again have some weekend games to make up for missed games during the week or to play Wagga Wagga in the Premier League. We encourage players to put these in the calendar early once the draw is released.

SAVE THE DATE



Water Polo ACT

Awards Night

Saturday 16th March 2023

SPONSORSHIP OPPORTUNITIES



WANT TO GIVE BACK TO THE
WATER POLO ACT COMMUNITY?

WHY NOT BECOME A COMPETITION SPONSOR?

ALL COMPETITIONS HAVE NAMING RIGHTS OPPORTUNITIES
THAT WILL BE FEATURED ON A WEEKLY BASIS

WANT TO FIND OUT MORE?

CONTACT - ryan.mcdermott@actwaterpolo.com



THINK.

ACT.

PLAY.

PLEASE REMEMBER

CHEER ON THE PLAYERS

RESPECT THE REFEREES

SUPPORT THE COACH

**WATER POLO
IS FUN!**



Water Polo
AUSTRALIA